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Party Pack .....	3
<b>Family Ski Trips</b> .....	10
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Vacation Day Open Gym .....	6

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Spanish for Preschoolers .....	3
123 Get Ready for Preschool .....	3
Kids Day Out.....	3
Parent & Tot Gymnastics .....	4
Jumping Gym .....	4
Tiddlywinks .....	4
Playful People .....	4
Musikgarten .....	5
Pre-Ballet .....	5

## School Age Children (5yrs. +)

Just Drawing .....	6
Science Quest .....	6
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<b>Theatre Works</b> .....	9
Arts & Crafts for Children .....	8
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Chess Club .....	7
Gymnastics .....	7
<b>Party Paints &amp; Pottery</b> .....	9
Afterschool Indoor Soccer.....	8
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Karate.Stranger/Danger .....	8
<b>Instructional Baseball</b> .....	10
A-Z Of Art .....	9
4H Babysitting .....	9
<b>Sports Card Swapping</b> .....	10

## Teen Time

Auto ABC's .....	11
Friday Night Live .....	11
<b>Guitar Basics for Beginners</b> .....	10
Friday Night Fever .....	11
SAT Preparation.....	12
<b>Songwriting Seminar</b> .....	10
<b>Irish Square Dancing</b> .....	11
<b>Teen Babysitting</b> .....	11
Blues Guitar .....	10

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Watercolor for Beginners.....	13
<b>Creativity Workshio 101</b> .....	13
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Cardio Kickboxing .....	13
Strength & Body Training .....	14
CORE .....	14
Aerobic Patterns .....	14
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Circuit Training .....	14
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## NORFOLK RECREATION COMMISSION

Barbara Gillis, Chairperson  
Noelle Tonelli, Secretary  
Tom Terpstra, Joe Byrne,  
Julie Chapski



# Norfolk Recreation

JANUARY – APRIL, 2001

## FAMILY SKI TRIPS



Sponsored by Norfolk Recreation

Hi ho, hi ho it's off to the slopes we go! A family ski trip to Gunstock on February 4 and another on March 11. Gunstock was chosen for its skiing, snowboarding and tubing facilities, - a great place for the whole family. Two hours up, two hours down, no driving and a quick stop at McDonalds on the way home makes for an easy and fun day.

**Pre-registration is required.** If the trip is cancelled due to weather (2 days in advance), a full refund will be made.

<b>Fee:</b>	Children 5 – 12	\$36	Code: SkiJr.(date)
	Children 13 – 19	\$44	Code: SkiTeen (date)
	Adult:	\$49	Code: SkiAdult (date)
	Bus only:	\$20	Code: SkiBus (date)

*Learn to ski packages and rentals are available – additional forms must be filled out.*

**Everyone under 18 must travel with an adult that will take responsibility in case of an emergency.** More information on Page 11.

## FREE OPEN FAMILY GYM NIGHTS

Pre-School – Grade 6 with adult

7:00 – 8:30 PM, H.O.D. Gym

1/5, 1/19, 2/2, 2/16, 3/2, 3/16, 4/6, 4/27

Plus February & April Vacation Wednesdays, 1:00 – 3:00 PM

**SEE PAGE 6 FOR MORE INFORMATION**

## FRIDAY NIGHT LIVE

Grades 7 & 8 Dance

January 12, February 9, and April 27, 2001, 7:00 - 9:30 PM

**SEE PAGE 12 FOR MORE INFORMATION**

## FRIDAY NIGHT FEVER

GRADES 5 & 6 ACTIVITY NIGHT

March 23, 2001, 7:00 – 9:00 PM

**SEE PAGE 11 FOR MORE INFORMATION**

## COMMUNITY NUMBERS

### BASEBALL Little League

Contact: Joe Dirienzo 520-3001

### Babe Ruth

Contact: George Pantos, 384-6448

### FOOTBALL Pop Warner

P.O. Box 560, Norfolk MA 02056

Contact: Kathy O'Brien, 384-2378

### SOFTBALL Girls

Contact: Mark Walsh, 5288477

### Men

Contact: Craig Koch, 520-0163

### SOCCER Lions

Contact: Craig Sonsire, 541-3068

### Norfolk Soccer, Inc.

Contact: John Gaffney, 528-1202

### King Phillip

Contact: William Graham,  
528-2458

### Women Over 30

Contact: Julie Chapski, 528-5662

### YOUTH HOCKEY

#### K.P. Walpole Hockey

Contact: John Florence, 520-1978

### NORFOLK COMMUNITY LEAGUE

Contact: Kim Williams, 541-7175

### CYO BASKETBALL

#### Girls Grades 6 – 12

Contact: Mike McCaffrey,  
528-5991

### Ann Proto and Jenifer Miller Co-Directors of Recreation

Kathy O'Brien  
Assistant Director

Office Number: 520-1315

From the Directors' Office:



Welcome to the Winter Sessions of 2001!!!—we are celebrating by continuing to add new programs for **ALL AGES!**. They include **GUITAR/SONGWRITING Classes (14 yrs. and up), IRISH SET DANCING (adult), PIANO (adults), THEATRE WORKSHOP (Gr. 4-6) A CREATIVITY WORKSHOP (adult), SPANISH FOR PARENTS, SCRAPBOOKING (adults), WINTER BASEBALL (Ages 9 – 12), GREAT BEGINNINGS (cooking-appetizers), JUST DRAWING (gr. K – 2), SPORT CARD SWAPPING (Gr. 4 – 6) and BABYSITTING FOR 7 & 8 GRADERS.**

We are very thankful and excited that the Emanuel Baptist church is graciously allowing us to use their space for some of our Friday morning classes. With the loss of Southwood this allows us to continue with Musikgarten, Playful People, Kids Day Out, 1,2,3 Get Ready for Pre-school, and the return of our Wednesday morning exercise classes. We continue to be most thankful to the schools for letting us use their space. It's hard to imagine what we would do without their support...

We continue to strive to offer an assortment for all, so take a few moments and browse the pages. We hope you find a class that interests you.

As always we love hearing your comments—they are the starting block for our programs!

Happy New Year!  
Ann, Jenifer and Kathy

## REGISTRATION INFORMATION

- 1. Use one form per person, per session. Please do not combine Winter 1 and Winter 2 payments. Separate checks please.**
- Fill in registration form completely and sign.
- Registration is required prior to class. Registration is by mail or walk-in only on a first received basis.
- Please register early. Class size limits are adhered to for safety purposes. We reserve the right to cancel any program or event that does not meet minimum enrollment.
- Make checks payable to Norfolk Recreation (unless otherwise noted).
- No refunds are given, unless class or event is cancelled by Norfolk Recreation. If class is cancelled by Norfolk Recreation refunds will be issued to participants. Refunds typically take 2 – 4 weeks.
- Program locations – individual program descriptions identify the class location. Please check for directions on page 2.
- You are enrolled in the program you register for unless notified by the Recreation office. We do not send confirmations.
- There is no smoking at any of our classes. Smoking is never allowed at any school including school grounds.
- 10. NEW POLICY: There will be no after school classes on early release days or No School Days unless noted. All pre-school/Adult classes will take place on these days unless other arrangements are made with teacher prior to the class.**

## DIRECTIONS TO CLASS LOCATIONS:

**Our Office:** The Town Hall, 1 Liberty Lane. We are located on the 2<sup>nd</sup> Floor. Our phone number is 520-1315. **H.O. Day School:** 232 Main Street. Gym and Cafeteria are located at the rear of the building. **Freeman Centennial School:** 70 Boardman Street. Rte 115 to Boardman Street. School is 0.04 miles on right. Follow entrance signs and drive ¾ of the way around the school. **MacBride** entrance is diagonally to the left of the flagpole. **Old Town Hall:** Located at 100 Main Street, pass Dunkin Donuts on left, Fire/Police on right. The Old Town Hall is a grey/blue clapboard building approximately 300 yards on left. There is a town seal on the front. **Town Hall – Multipurpose Room:** Located on ground level of New Town Hall. Enter from street side of building (across from Library). Room is farthest room on left. From parking lot, take elevator to ground floor, right off elevator and another right. PLEASE BE QUIET IN TOWN HALL. **NOISE TRAVELS IN THIS BUILDING.** **Emanuel Baptist Church:** Located on Rockwood Road, Route 115, approximately 0.5 miles out of the middle of town heading towards Millis. **K.P. Junior High School:** Take Union Street from the center of town, and continue approximately 1.5 miles, then turn right onto King Street. 0.2 miles, the school will be on the right.